Sequence of action in Adult Basic Life Support (CPR) during COVID-19

Limit the number of rescuers to 2

Victim is unresponsive

Call 112

Sent someone to find and bring an AED if available

Open the airway

Not breathing normally

Get an AED if immediately available

30 chest compressions
2 rescue breaths

Continue CPR 30:2

Interrupt chest compressions and rescue breaths as briefly as possible

As soon as AED arrives switch it on and follow instructions

Disinfect your hands and wrists immediately after resuscitation has been taken over by the ambulance team in one of the emergency vehicles

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