

# Sequence of action in Adult Basic Life Support (CPR)

**victim infected with COVID-19** 



Limit the number of rescuers to 2

Victim is unresponsive  
(shake shoulders and ask loudly)



Call 112

Sent someone to find and bring an AED if available



Do NOT open the airway



Not breathing normally  
Assess breathing visually

Alone? Get an AED if immediately available

Cover the victim's nose & mouth with a mask or a cloth without moving the head.

Give continuous chest compressions, but NO rescue breaths

Use the AED as soon as it arrives. Resume chest compressions without rescue breaths

Disinfect your hands and wrists immediately after resuscitation has been taken over by the ambulance team in one of the emergency vehicles